

# **A Bearing Puller - Jeff Jamnik**

Posted by EricKulaas on Wednesday, 08 March 2006 (20:06:33) Central Standard Time  
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This is a tip for those bearing races that are hard to get out.

The first thing I do is put a bead of weld around the inner race inside the roller. Than get my slide hammer and pull the race out with little or no resistance. This way I have found to be a easier and cheaper way than buying a expensive bearing puller that sometimes doesn't work well or even at all.

Weld a bead around the bearing race.



Using one jaw of a slide hammer will usually get it out. Sometimes just "ringing" it with a metal bar (like a western triangle for dinner), it literally falls out.

